

# Chanhassen Senior Center

Chanhassen Senior Center 952.227.1125 » Online at [www.ci.chanhassen.mn.us/seniorcenter](http://www.ci.chanhassen.mn.us/seniorcenter)

LOCATED DOWNSTAIRS AT CHANHASSEN CITY HALL 7700 MARKET BOULEVARD, CHANHASSEN, MN, 55317

The Senior Center will be closed on Monday, May 27 and Thursday, July 4

## Annual Lake Ann Picnic in the Park Tuesday, June 25, 11:30am

Mark your calendar to attend our annual Senior Center Picnic at Lake Ann!

Enjoy warm weather, tasty picnic food, conversation, and more!

Special thanks to the Chanhassen Lions Club for providing the food, beverages, and door prizes for the **FREE** event.

Lake Ann Park, Al Klingelhutz Memorial Pavilion » 1456 W. 78th Street » Registration Deadline: Tuesday, June 18  
**FREE** but RSVP required. » To register, call the Senior Center at 952.227.1125

## An Evening with the Mayor Thursday, June 20, 5pm

You're invited to attend our annual, picnic-style dinner of fried chicken and all your summer favorites as we dine with the mayor. Mayor Ryan will update us on what's happening in Chanhassen and answer any questions you may have. After dinner, enjoy music on the plaza with the Old National Bank Summer Concert Series featuring the Minnesota Valley Community Band - playing all the Big Band music you love! Grab your lawn chairs and head to the Senior Center for an enjoyable summer evening.

Senior Center » \$11 Residents/\$12 Non-Residents » Registration deadline: Friday, June 14 » Code: 6192.118



## Summer Beach Party Friday, July 19, 11am - 1pm

Help us celebrate the dog days of summer with an indoor beach party! The fun starts with Beachcomber Bob's, *Back to the 50's Show*. He'll take you back to the early days of sock hops and rock and roll, including Elvis, The Beach Boys, and all the *American Bandstand* favorites. Stay after the show for a pizza lunch and root beer floats. Invite a friend or two for reminiscing together of the happy days gone by.

Chanhassen Senior Center » \$11 Residents/\$12 Non-Residents  
Registration Deadline: Monday, July 15 » Code: 6193.107



## Celebrating Sunshine: The Aquatennial Singers Thursday, May 9, 2 - 3:30pm

Join us for an Aquatennial Singers showcase, filled with energetic music, and even some dance routines. They have been performing for Minnesota audiences for over 50 years and wowing them with their personalities, sparkling outfits, and music. We'll be serving up beverages and ice cream cones/cups after the show.

Chanhassen Rec Center » \$7 » Registration Deadline: Thursday, May 2



## Thursday, April 11, 1:30pm

Chanhassen's own Chan-o-laires choir will be singing show tunes, classic hits, patriotic music and more for this Spring Sing Fling! A light dessert and coffee will be served after the show.

Chanhassen Rec. Center » \$5 mail in or drop-off  
Registration Deadline: Friday, April 5

## A Swedish Serenade with The Cloudberrries Thursday, June 6, 11am - 1pm

The Cloudberrries Swedish Women's Choir is set to celebrate Swedish National Day with you! Directed by the Swedish Institute of Minneapolis, the choir performs in traditional costumes and fills the room with Swedish folk songs, ballads, lore and more! Many of the old traditional songs are sung in Swedish, but you will get a little history lesson along the way. A Swedish luncheon will be served after the show.

Chanhassen Senior Center » \$12 Residents/\$13 Non-Residents » Registration deadline Monday, June 3 » Code: 6192.121

# SPEAKER & SONG, SOUP & SALAD EVENTS

Seniors

## Uplifting Oldies with Carolyn Jaynes

Thursday, April 25, 11am - 1pm

Carolyn Jaynes brings us along for the ride with her musical tribute to three decades ('40s, '50s, and '60s) of memorable music. Stick around afterward for a home-made soup and spring salad lunch.

Chanhassen Senior Center  
\$11 Residents/\$12 Non-Residents  
Registration Deadline: Tuesday, April 23  
Code: 6192.110

## Dr. Norman Borlaug:

*The Man Who Fed  
a Billion People*

Friday, May 17, 11am - 1pm

Let's celebrate one of Minnesota's most famous scientists and one of the world's top humanitarians: Dr. Norman Borlaug, U of M Professor and Norwegian Specialist. Dr. John Haugo, shares about the life of Dr. Borlaug, a Norwegian-American Agricultural Scientist whose work created a worldwide impact on feeding the hungry. Haugo tells of Borlaug's roots, boyhood, education, career, and honors - including the Nobel Peace Prize. Stay after for a Norwegian luncheon (sorry, no lutefisk!)

Chanhassen Senior Center  
\$11 Residents/\$12 Non-Residents  
Registration Deadline: Friday, May 3  
Code: 6192.116

## Memories of the Mills Brothers: Las Vegas Style

Tuesday, August 20, 11am - 1pm

Monroe Wright III will bring to the stage a superb crowd-pleasing personality and charisma with a vocal style reminiscent of Motown, The Mills Brothers, The Ink Spots, Sinatra, and Tony Bennett. He sings in a style that preserves the tradition, quality, and showmanship of each performer. Stay after for a Vegas-style buffet lunch of summer salads.

Chanhassen Senior Center  
\$11 Resident/\$12 Non-Resident  
Registration deadline: Wednesday, August 14  
Code: 6193.112

www.ci.chanhassen.mn.us

SUMMER 2019

15

# ON THE ROAD

## ADVENTURE TRIPS



### Fagen Fighter WWII Museum

**Wednesday, May 22, 7:30am - 5pm**

A fascinating trip to the Fagen Fighters WWII Museum (Granite Falls, MN), home to a pristine collection of WWII aircraft and vehicles, along with beautiful fine art, bronze sculptures, interactive displays, and large WWII library. We'll stop for lunch at The Rock with your choice of ribs or a Cornish game hen with baked potato, cheddar biscuit, and beverage. On our way home we'll visit Olivia's St. Aloysius Catholic Church, called the "Shrine on the Prairie" for its amazing Italian architecture, murals, and stained glass.

**Chanhassen Recreation Center \$67 (includes admission, lunch, church tour, and transportation)**  
**Registration deadline: Tuesday, May 7**  
**Code: 6192.117**

### Family and Me: Intergenerational Segway History Tour

**Weds. July 31, 8am - 1pm approx.**

What better way to connect with loved ones than to share an adventure! This Segway trip is for kids of all ages (including grandparents!). Never ridden a Segway? No Problem! This tour is led by Mobile Entertainment LLC and begins with 30 minutes of Segway Certified Safety Training™ by their professional guides. Then we'll ride off for a six-mile, guided tour covering both sides of the Mississippi and into the Minneapolis historic river district.

We'll see spectacular scenery including Nicollet and Boom Islands, the Stone Arch Bridge, St. Anthony Main, and more. We will take a short snack break at the Mill City Museum along the way. Bring a water bottle and dress for the weather.

**Ages 12+ (children under 18 must be accompanied by an adult)**  
**Chanhassen Recreation Center \$119/person**  
**Registration deadline: Thursday, July 18**  
**Code: 6193.106**

*\*This trip requires a minimum of 12 participants.*

### Twins Game

**Thursday, June 27, 10:30am Until the end of the game.**

Travel with us to Target Field to watch the Twins play with a spectacular view of the Minneapolis skyline. Great seats are reserved for you as the Twins take on the Tampa Bay Rays. Game time is 12:10pm. Bring money for food and other purchases as desired, or eat prior to the trip.

**This year's transportation is provided compliments of SouthWest Transit and we will have a short, two-block walk to Target Field.**

**Chanhassen Recreation Center » \$48 (includes tickets and transportation)**  
**Registration Deadline: Tuesday, June 4 » Code: 6192.120**

### St. Paul Saints Game

**Tuesday, Aug. 13, 11:30am Until the end of the game.**

Baseball in Minnesota hits a new level of fun with the St. Paul Saints. CHS Field, located in St. Paul's Lowertown, does not disappoint. Watch the Saints amazing ballplaying agility and be entertained with the funny and crazy between-inning promotions during the game! Great seats are reserved. The game starts at 1:05pm. Lunch is on your own at the park.

**Chanhassen Recreation Center » \$46 (includes ticket and transportation)**  
**Registration Deadline: Thursday, July 11 » Code: 6193.105**



### The Science Museum of Minnesota & Omnitheater

**Thursday, June 13, 9:45am - 3:45pm**

Bring your curiosity as you learn and explore on this trip to the MN Science Museum in St. Paul. We'll get comfy in the domed Omnitheater to watch *Cuba*, a colorful, large-screen film highlighting Cuba's rich architecture, coral reefs, national ballet school, and more. You'll also have time to explore the museum's fascinating exhibits on your own, including prehistoric animals, Native American artifacts, human race and variation stations, the Mississippi River and more. Either bring your lunch along or purchase food at the science museum cafe.

**Chanhassen Senior Center \$39 (includes admission, Omnitheater ticket, & transportation)**  
**Registration Deadline: Tuesday, May 28 » Code: 6192.119**

### Summer Pops Orchestra Concert

**Thursday, July 23, 9am - 2:30pm**

Music and scenery await you as we travel to the Historic Nicollet Island Pavillion for a Minneapolis Pops Orchestra concert. After, we'll dine at Olive Garden, enjoying spaghetti, lasagna, or shrimp scampi; soup or salad. Please choose your meal option at time of registration.

**Chanhassen Recreation Center » \$48 (includes performance, lunch, & transportation)**  
**Registration Deadline: Monday, July 8 » Code: 6193.108**



### Guys and Dolls at the Guthrie Wednesday, August 7, 11:30 - 5pm

*Luck Be a Lady!* Take a trip with us to see this swinging tale of gangsters, gamblers, and love. *Guys and Dolls* is an all-time classic American musical, and one of the Guthrie's best shows this season! It tells the story of a high-rolling gambler and a puritanical missionary, a showgirl dreaming of the straight-and-narrow, and a crap game manager who is anything but. Come along for this musical, memory maker!

**Chanhassen Recreation Center » \$53 (includes performance, transportation, and snack)**  
**Registration Deadline: Wednesday, June 5 » Code: 6193.109**



# EXPLORE IOWA

## OVERNIGHT TRIP

**Wednesday**  
**September 25, 7am**  
**through**

**Thursday**  
**September 26, 5:30pm**

Take part in our annual overnight adventure! This year we will explore central Iowa, staying overnight in the hidden oasis of Ames. Trip highlights include a lunch, and tour at the beautiful Reiman Gardens & Butterfly House in Ames, followed by a tour of Iowa State's innovative and world-renowned Bio-Research Farm. We'll wrap up our first day with an early sunset dinner ride on the historic Boone & Scenic Railroad train. Day two will include demonstrations of local trades in historic downtown Ames, including a European Style Chocolaterie, Quilter's Guild Shop and more. As we head home, we'll stop for lunch in Story City and tour the town's 1913 hand-carved wooden carousel. Detailed trip information at the Senior Center.

**\$315 Double Occupancy**  
**\$378 Single Occupancy**  
**Registration Deadline:**  
**Thursday, August 8**  
**Code: 6193.110**



**Queen Victoria Tuesday, June 4, 9:30 - 11am**

History remembers the Queen's blissfully happy marriage to Prince Albert and her withdrawal from public life after his untimely death. But there is so much more to her story. Let's find out as Terry Kubista shares the story of Queen Victoria.

Senior Center » \$3 mail in or drop-off registration  
Registration Deadline: Friday, May 31



**Tour the Bell Museum Tuesday, April 30, 12:30 - 5pm**

Wander at your own pace, or join the guided tour at the amazing new Bell Museum, including a close-up look at their world-renowned wildlife dioramas. Your ticket also gets you into a show at the awesome, aluminum-domed MacMillan Planetarium, where we'll journey through space to discover the worlds beyond ours.

Bus leaves Senior Center » \$39 ( includes transportation and admission)  
Please eat lunch prior to leaving  
Registration Deadline: Friday, April 12 » Code: 6192.115

**Aging with Fun, Spirit & Style! Tuesday, June 18, 11am**

Learn to live life with gusto at any age! Jean Ketcham, radio host, TV host, and motivational speaker wants to help you learn to live a more exciting, fun-filled life, regardless of your age or ability.

Senior Center » \$3 mail in or drop-off registration  
Registration Deadline: Friday, June 14



**CARVER COUNTY**  
*Historical Society*  
PRESENTS:



**Extraordinary Sacrifices:**

**Carver County's Servicemen and Women in Wartime**

Thursday, July 25  
10:30am

As war loomed, Carver County residents engaged in many ways, making extraordinary sacrifices for their country and their families.

Chanhassen Senior Center  
\$3 mail in or drop-off registration  
Registration Deadline:  
Monday, July 22



**Parades, Polio, & Peaceniks**

Tuesday, August 6  
10:30am

The Carver County Fair has a fun and colorful history! Come learn about the fair's history as well as all the unique events and shows associated with it.

Chanhassen Senior Center  
\$3 mail in or drop-off registration  
Registration Deadline:  
Friday, August 2

**CHANHASSEN COFFEE & CONVERSATION**

2nd Monday of the month, 10 - 11:30am

Co-ed discussions including speakers and topics of interest. We have several interesting speakers scheduled for spring/summer. Stop by for coffee and morning snack, meet a new friend, and treat yourself to educational fun.

Bring a \$2 donation to cover coffee and treats. Upcoming programs include:



**Mark Irving: My Life as a Jockey Monday, May 13, 10am**

Mr. Irving was a professional jockey for 20 years, and at a very young age, he began working with horses in his home country of England and racked up more than 200 wins in Europe. When he continued riding in the US, his wins grew to over 600. For many years he was the leading turf rider at Canterbury Park and currently finds replacement homes for retired thoroughbreds. Hear about his career as well as Canterbury Park's 2019 racing season. \$2 Donation

**The History of Firefighting in Carver County**

Monday, June 10, 10am

A synopsis of the history of firefighting methods and challenges in Carver County.

This event is being presented by the Carver County Historical Society. \$2 Donation

**Tea - time Talk with Donna**

Monday, July 8, 10am

Longtime Chanhassen resident, Donna Kniffen, is well versed in the topic of English Tea. She will be displaying several of her teapot collectibles and sharing English tea protocol. Tea and crumpets will be served.

\$2 Donation



**A Leisurely Look at the Library Friday, July 12, 10:30 - 11:30am Meet in the lobby of the library**

Discover the Chanhassen Library through the eyes of a librarian. Patrick Jones will walk us through every nook and cranny, sharing history along the way. We'll finish with coffee and treats. FREE

**Churchill, Manitoba - Through the Year with Traveling Naturalist, Melonie Shipman**

Tuesday, July 16, 1:30pm

Known as the polar bear capital of the world, Churchill is a tourist hot spot. But it is also the feeding ground of hundreds of beluga whales every summer. Additionally, it is known for the most active aurora night displays on earth. Discover what brings the bears, the belugas and the lights to this amazing remote location. Coffee and treats included.

Chanhassen Senior Center » \$5 mail in or drop-off registration



## Muscle Mass Matters Monday, April 8, 10 - 11am

Ridgeview Medical partners with TRIAD of Carver County to provide this informative program on your body's muscle-mass makeup. You will learn how to improve your ability to continue doing everything you enjoy now.

Chanhassen Senior Center, Maple Room  
FREE, but please call to RSVP.

## Staying Safe At Home & Individual Balance Assessment

Wednesday, April 24, 10:30am

Unsafe practices in our homes are the number one reason falls happen, sending seniors to the hospital every year. Interim Health Care's Director of Therapy, Steve Thielbar, will share his professional experience related to how to stay safe at home. Stay safe in your home using his ideas and techniques. Following his discussion, he will provide an Individualized Balance Assessment for you to better understand your own personal balance challenges and needs.

Sponsored by Interim Health Care

Chanhassen Senior Center » \$2 » mail-in/drop-off registration  
Registration Deadline: Monday, April 22

## Staying Physically Fit for Your Body Type

Tuesday, May 21, 10 - 11 am

Ridgeview Medical Center's specialists will walk you through a better understanding of how to stay physically fit based on your particular body type.

Chanhassen Senior Center » FREE, but please call to register  
Registration Deadline: Thursday, May 16

## New to Medicare? A Primer Lesson

Tuesday, June 11, 10:30 - 11:30am

This class reviews what is covered by Medicare and more! You'll learn about the enrollment process, Medicare options, program costs, the "donut hole," prescription drug eligibility, and recent changes to Medicare. You will also learn more about the Senior Linkage Line and how it can help you in your decision making along the way.

Chanhassen Senior Center » FREE, but please call 952.227.1124 to register  
Registration Deadline: Friday, June 7

## Recognizing Medicare Fraud

Thursday, August 1, 11am - 12noon

Don't be a target of Medicare fraud and abuse. You will learn how to detect Medicare fraud and what to do about suspected fraud. You'll hear about the most current scams directed toward seniors and learn tips on avoiding them. You will also learn where to find help.

Chanhassen Senior Center » FREE, but please call 952.227.1124 to register  
Registration Deadline: Thursday, July 25

## Senior Counseling & Caregiver Support Services

1st Thursday of the Month, 10am - 1pm; 3rd Wednesdays, 2 - 5pm

Take advantage of the many counseling and support services offered at the Senior Center. Services include one-to-one caregiver consultation, coaching, and/or family meeting facilitation. These services are provided on a reduced fee basis by a certified social worker from Senior Community Services.

To learn more or to schedule a private meeting with a social worker, contact the Chanhassen Senior Center at 952.227.1124

NEW!



## CREATIVE LEARNING CLASSES

*Fun Art, not Fine Art for all Abilities!  
All artistic abilities are encouraged to attend: this is FUN art, not FINE art!  
Class size is limited, so sign up today!*

## Summer Bicycle with Basket

Wednesday, May 8, 1 - 3pm

You will learn to paint this whimsical reminder of summer gardens and bike rides during this interactive class. Instructors will guide you in basic acrylic painting skills, allowing you to customize your bicycle to match your personality! Display in the entrance to your house or cabin, or give it as a gift to a special someone.

Senior Center » Maple Room » \$32 (includes all materials & snacks) » Code: 6192.103



## NEW! Foot Care Clinic

4th Wednesday of the Month, 9am - 3pm

Trouble with toenails? We're offering an additional foot care clinic. Happy Feet Footcare's nurses will get you back on good footing.

Chanhassen Senior Center » \$40  
Call Happy Feet to make an appointment and register at 763.560.5136.

## Grandparent & Me Eggstravaganza!

Friday, April 19, 10 - 10:45am

Spend a fun morning with your grandchild. We'll dye and paint eggs & have fun creating bunny crafts.

Ages 3 - 10 with Grandparents  
Chan Rec Center » \$10/Child  
Registration Deadline:  
Friday, April 12 » Code: 2192.126

## SW Prime - A Primer

### Let Public Transportation Drive

Thursday, May 30, 10:30 - 11:30

Let SW Prime help with the drive. Learn the basics of how this door-to-door service can ease your driving needs.

Chanhassen Senior Center » FREE  
but please RSVP at 952.227.1125  
by Tuesday, May 28

## Grandparent & Me Bingo in the Park

Tuesday, July 30, 10am - 12noon

Are you looking for a fun activity to do with your grandchild? Join us for Bingo in the Park! Prizes will be awarded and snacks and beverages will be provided. Space is limited, so sign up early!

Ages 3 - 10 with Grandparents  
Lake Susan Park » 903 Lake Drive East  
FREE, but call to register at 952.227.1124



## Enjoy Delicious Meals with Friends at the Senior Center or for Home Delivery

CAP Agency Senior Nutrition Services focus on the well-being of older adults with balanced nutritious meals, wellness education, and connection to needed services. A donation of \$5 per meal is requested.

**At the Senior Center** Meals are served Monday-Friday at 11:30am.

Join other seniors for a nutritious meal and fellowship.

**Home - Delivered Meals** A home delivery of a nutritious, hot lunch on a short-term/long-term basis for those homebound or unable to prepare nutritious meals for themselves.

To sign up for our meal service, please contact our Chanhassen Senior Nutrition Site at 952.227.1127. \*Reservations must be made 3 - business days in advance.

## Registrations and Refunds

### Early Registration

Register early to ensure your spot.

### Completion of Registration & Payment

All programs require completion of a registration form and payment. The fee must be paid at the time of registration. No spots held without full payment.

### In-Person Registrations

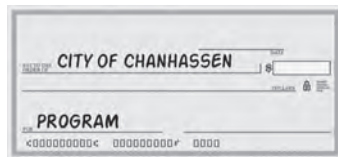
In-person registrations accepted at the Senior Center and upstairs at the City Hall front desk/kiosk.

### Online Registrations

[www.ci.chanhassen.mn.us/register](http://www.ci.chanhassen.mn.us/register)

### Payments

Program payments are due on or before the deadline. Registration cannot be confirmed until payment is made. Payment may be made by cash, check, or credit card; however, credit card payments will no longer be accepted by mail, fax, email, over the phone, or for payments under \$10.



**\*Please make checks payable to City of Chanhassen.**

## Refund Policy

If you withdraw from a trip, program, or event before the activity's deadline, you will receive a full refund. After the deadline, if we have a wait list, we may be able to refund your payment. You can also fill your spot with a friend. Please call the Senior Center to let us know your replacement.

For any questions regarding program registration and our refund policy, contact Mary Blazanin at 952.227.1125

[www.ci.chanhassen.mn.us/seniorcenter](http://www.ci.chanhassen.mn.us/seniorcenter)

### \*No Phone Registrations

#### Bus Trip Departures

All bus trips depart from the Chanhassen Recreation Center, 2310 Coulter Boulevard Unless otherwise noted.



## CHANHASSEN SENIOR CENTER

# ONGOING ACTIVITIES

## Weekly and Monthly

The Senior Center offer these activities on a weekly/monthly basis. Call 952.227.1125 for information or to register for a program.

[www.ci.chanhassen.mn.us/seniorcenter](http://www.ci.chanhassen.mn.us/seniorcenter)

### BINGO

Wednesdays, 12:30

20 games played. 25¢ per game. No registration.

### BOOK CLUB

Fourth Monday, 1 - 2:30pm

Lively discussions of new/classic books.

### BRIDGE

Mondays, 12:30

Meet friends and play a friendly game of party bridge. Six hands played. 50¢ per game. For info or to play, contact Rosemary Whowell 24 hours in advance at 952.949.6614.

### CARD PLAY:

500 AND HAND & FOOT:

Thursdays, 1 - 4pm

All levels welcome, join us for a friendly afternoon of cards. No registration.

### CHAN-O-LAIRES

Tuesdays, 12:30 - 2:15pm

Share your vocal talents with the group! Interested in joining? Contact Candice Gallipo at 952.445.2724 No meetings June, July, and August.

### MEMORY LOSS SUPPORT GROUP

First Thursday, 1:30 - 3:30pm

A safe place for caregivers to share and learn. Walk-ins welcome.

### CRIBBAGE

First & Third Fridays, 1 - 3pm

Peg your way for an afternoon of fun! Six games. Prizes for top three point holders. \$1 per person. No registration.

### SENIOR COMMISSION

Third Thursdays, 3 - 4:30pm

Examines community needs of our seniors.

### COFFEE & CONVERSATIONS

Second Monday, 10 - 11:15am

Meet together over coffee and treats to enjoy fun, educational, and informational speakers or events. No meeting on August 12

### WOODCARVING

Wednesdays, 9 - 11:30am

All talents welcome. Woodcarving Room.

## Health Insurance Assistance

Second Tuesday of the Month, 9am - 12noon

Meet with a trained volunteer who will provide individual assistance and help with questions about Medicare and health insurance forms as well as counseling people in selections of supplemental health insurance.

Chanhassen Senior Center, Maple Room  
**FREE**, but must schedule an appointment

# Driver Safety

If you have taken a state-approved 8-hour driver safety course, you can now renew through this 4-hour AARP refresher course.

Please bring your driver's license and your AARP card to class. Pre-registration is required & is due five days prior to start. Payment is due at time of registration.

## 4-Hour Driver Safety Refresher Classes

Friday, April 26, 9am - 1pm

Code: 6192.107

Tuesday, April 30, 5:30 - 9:30pm

Code: 6192.108

Wednesday, May 15, 5:30 - 9:30pm

Code: 6192.109

Thursday, June 20, 8:30am - 12:30pm

Code: 6192.125

Tuesday, August 6, 5:30am - 9:30pm

Code: 6193.120

Chanhassen Senior Center  
\$20 AARP Members/\$24 Non-AARP Members

## Smart Tec Driver Class

Cars are getting smarter, and so must we! This class is an intro to all the new technology in cars and how to use that to your best advantage for driving safely.

**FREE**, but please call the senior center for class dates.

## 8-Hour Driver Safety Classes

The 8-hour class is designed to refine existing skills and develop safe, defensive driving techniques. The course materials cover the effects of aging and medications on driving, basic driving rules, license renewal, local traffic hazards, adverse road conditions, and accident prevention.

Tuesday & Wed., May 7 & 8, 5 - 9pm

Code: 6192.111

Chanhassen Senior Center  
\$20 AARP Members/\$24 Non-AARP Members



## Adult Exercise

Yoga, Tai Chi, Fit For Life, Line Dancing, Pickleball, and other exercise programs are featured in the adult section located on pages 29 - 33.

For any questions regarding these programs please contact Mary Blazanin at 952.227.1125 in the Senior Center or the Chanhassen Rec Center at 952.227.1400

## Transportation

Senior Linkage .....1.800.333.2433

Smart Link ..... 952.496.8341

SouthWest Transit...952.949.2BUS (2287)

SouthWest Prime ..... 952.797.7463

WeCAB ..... 1.844.743.3932