

CITY OF CHANHASSEN SENIOR CENTER NEWSLETTER Fall 2019

7700 Market Blvd • PO Box 147 • Chanhassen, MN 55317 • 952.227.1125 • www.ChanRec.com

Senior Center Spotlight

FUN is my new acronym for our Senior Center! Not only do we have a lot of it around here, every time you participate in one of our programs, you help us create a **F**abulous **U**pbeat **N**eighborhood - right here in the middle of Chanhassen. When we think of neighborhoods, we generally think of a group of homes or apartments in close proximity to one another. But, the term is also used as an adjective which describes a common community exhibiting a hospitable, warmhearted, and sociable space. That's us in a nutshell!

During the next few months, we plan to fill our nutshell to the brim. Just like the squirrels who are already busy loading up their nests for fall, our fall newsletter is helping you load up your calendar with great trips, programs, and classes. Check out our day trips, and pay special attention to our overnight trip to Iowa, because it just got even better as a result of reduced fees (it's the same awesome tour with renegotiated rates!) We are also working hard to repurpose our Maple Room, where you can comfortably hang out with friends and try out some new active older adults programs. Watch for more information soon!

And don't miss out on our regular events: a Mills Brothers' tribute in August, the Ladies Tea Luncheon in September, Our Oktoberfest celebration in October, a trip to the Ives in November, and our annual Holiday Party in December. For more information, watch for the Chanhassen Connection booklet to arrive in early August, or call or stop by the Senior Center.

I encourage you to keep the **FUN** in your vocabulary and join us here at the Senior Center!

Pricing key: Resident/Non-Resident

Program Events

August 20, 11am-1pm: Memories of the Mills Brothers (summer salad lunch) | **\$11/\$12** | Senior Center

September 20, 11am-1:30pm: "Father Knows Best, But Mom Knows Better" Annual Ladies Tea Luncheon with Storyteller Pat Kachel (chicken florentine lunch) | **\$14/\$15** | Senior Center

Early October: Maple Café Open House | Watch for more information!

October 11, 5:30-7pm: Harvest Festival Fun Nite (family event) | **\$5** | Recreation Center

October 23, 12-2pm: Oktoberfest Celebration Lunch (German lunch) | **\$12/\$13** | Recreation Center

October 31, 11am-12:30pm: Crazy Hat Day (soup and salad lunch) | **\$11/\$12** | Senior Center

November 14, 9am: Pancake Breakfast & Working Women of WWII | **\$10/\$11/Veterans Free** | Senior Center |
Sponsored by American Legion Auxiliary

December 6, 12-2pm: Annual Holiday Party | **\$17/\$18** | Recreation Center | *Sponsored by Charter Bank*

Overnight Trip - Explore Iowa

Depart Wednesday, September 25, 7am | Return Thursday, September 26, 5:45pm
\$270/person double occupancy, \$333/person single occupancy | Register by August 12

Day 1 – Ames: Lunch and tour at Reiman Gardens & Butterfly house, tour Iowa State's Bio-Research Farm, dinner on Boone & Scenic Railroad train

Day 2 – Ames and Story City: Local trade demonstrations including a European chocolaterie and more; then lunch in Story City and tour of a 1913 handcarved wooden carousel.

New
Reduced
Price, Same
Great Tour



Day Trips

Unless noted, buses leave from the Chanhassen Recreation Center - 2310 Coulter Blvd

September 11, 11:30am lunch, 1pm show: Mamma Mia at Chan Dinner Theatres | **\$69** – includes performance & lunch (**No transportation provided, meet at theater**) | *Register by August 12*

October 8, 8am-4:30pm: Meet Mankato: The House, The History, The “Hill” | **\$69** – includes all admissions, lunch, & transportation | *Register by August 12*

November 6, 9:45am-5:15pm: Paramount Theater Presents: Direct From Branson, Missouri: Shoji Tabuchi | **\$87** – includes performance, lunch, & transportation | *Register by September 24*

November 20, 10:45am-3:45pm: “Ripcord” at the Ives Auditorium | **\$70** – includes performance, lunch, & transportation | *Register by October 22*

December 16, 10:30am-4:15pm: “Hark!” The Church Basement Ladies Sing,” at the Amers Center, Burnsville | **\$70** – includes performance, lunch, & transportation | *Register by November 22*



Classes

* Denotes lunch available for additional suggested \$5 donation. Reserve 3 days ahead, call 952.227.1127

August 1, 11am-12pm: Recognizing Medicare Fraud | **FREE**, but RSVP | Senior Center

August 6, 10:30am: Parades, Polio, and Peaceniks | **\$3** | Senior Center

August 12, 10-11:30: Essential Oils: Your Guide to the Top 10 | **\$2 donation** | Senior Center

August 15, 10:30-11:30am: Meet Sheriff Kamerud | **FREE** | Senior Center

***August 27, 12:30 speaker:** The Statue of Liberty: Enormous Efforts and Taxing Tasks | **\$5** | Sr Cntr

***September 5, 10:30-11:30am speaker:** It’s a Sled Dog’s Life | **\$5** | Senior Center

September 6, 10-12:30: Cruise the World of Senior Housing | **FREE, lunch included** | Senior Center

September 9, 10-11:30: Details with the Deputies | **\$2 donation** | Senior Center

September 10, 9am-12noon: Walk In Flu Shot and Vaccine Clinic with Cub Pharmacy | Sr Center

September 12, 10-11am: Local Crime Scene Investigation Uncovered | **FREE** | Senior Center

***September 17, 10:30-11:30am speaker:** The Telemark Resistance | **\$3** | Senior Center

September 24, 10:30am: Landmark Tours Travel Showcase | **FREE** | Senior Center

***September 30, 10-11:15am speaker:** The Queen’s Gardens | **\$3** | Senior Center

***October 2, 10:30-11:30am speaker:** What’s New for Medicare? | **FREE** | Senior Center

***October 4, 10:30-11:15am speaker:** The 1936 Olympics with Historian David Jones | **\$5** | Senior Center

October 14, 10-11:30: The Noble Experiment: Breweries vs. Prohibition | **\$2 donation** | Senior Center

October 15, 4-5:30pm: Abuse No More | **FREE**, but RSVP | Chaska Lodge

***October 29, 10:30-11:15am speaker:** A Bird’s Eye View | **\$3** | Senior Center

November 2, 9:30am-12pm: Movie Morning: “Glen Campbell: I’ll be Me” | **FREE**, but RSVP | Chanhassen Cinema | *Sponsored by Chanhassen Cinema, Chanhassen’s ACT on Alzheimer’s team, Senior Community Services, and more.*

August 2019

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
				1 10:30am Fit for Life - RC 11am Speaker: Healthcare Fraud Prevention - SC 11am-1pm Free Ind. & Family Counseling, by appt - MR 1pm Cards - MR 1:30pm Caregiver Support Grp - MR	2 9am Fiddling Around with Music, Jam Session - MR 1-3pm Cribbage - MR	3
4	5 12:30pm Bridge - SC	6 8:30am-12:30pm Foot Care Call for appts - MR 9:30am Mah Jong/Scrabble - SC 10:30 Speaker: Parades, Polio, & Peaceniks - SC 10:30am Fit for Life - RC 1:30pm ACT on ALZ Mtg - FC 5:30-9:30pm AARP 4-hr Driver's Training - SC	7 9-11am Woodcarving - WS 10am Tai Chi - RC 11:30am-5pm Trip to Guthrie: Guys and Dolls - RC 12:30pm Bingo - SC	8 10:30am Fit for Life - RC 1pm Cards - MR	9 9am Fiddling Around with Music, Jam Session - MR 1-3:30pm Mah Jong/Scrabble - SC	10
11	12 10am Conversation and Coffee: Essential Oils - SC 12:30pm Bridge - SC Last day to sign up for over-night Iowa trip!	13 9am Free Insurance Counseling - MR 9:30am Maj Jong/Scrabble - SC 10:30am Fit for Life - RC 11am Saints Game Trip - RC	14 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	15 10:30am Meet Sheriff Kamerud - SC 10:30am Fit for Life - RC 1pm Cards - MR	16 9am Fiddling Around with Music, Jam Session - MR 10am Senior Commission Meeting - FC 1-3pm Cribbage - MR	17
18	19 9-10:30am Senior Center Advisory Board Meeting - FC 12:30pm Bridge - SC	20 9:30am Maj Jong/Scrabble - SC 10:30am Fit for Life - RC 11am Memories of the Mills Brothers - SC	21 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 2-5pm Free Ind. & Family Counseling, by appt - MR	22 10:30am Fit for Life - RC 1pm Cards - MR	23 9am Fiddling Around with Music, Jam Session - MR 1-3:30pm Mah Jong/Scrabble - SC	24
25	26 12:30pm Bridge - SC 1-2:30pm Book Club - MR	27 9:30am Maj Jong/Scrabble - SC 10:30am Fit for Life - RC 11:15am Speaker: Statue of Liberty - SC	28 9am-3pm Foot Care Call for appts - MR 9-11 Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	29 10:30am Fit for Life - RC 1pm Cards - MR	30 9am Fiddling Around with Music, Jam Session - MR	31

September 2019

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
1	2 Senior Center Closed Labor Day	3 8:30am-12:30pm Foot Care Call for appts - MR 9:30am Mah Jong/Scrabble - SC 10:30am Fit for Life - RC	4 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	5 10:30am Sled Dog's Life - SC 10:30am Fit for Life - RC 11am-1pm Free Ind. & Family Counseling, by appt - MR 1pm Cards - MR 1:30pm Caregiver Support Grp - MR	6 9am Fiddling Around with Music, Jam Session - MR 10am Cruise the World of Sr. Housing, w/ free lunch - SC 1-3pm Cribbage - MR	7
8	9 10am Details w/ the Deputies - SC 12:30pm Bridge - SC	10 9am Free Insurance Counseling - MR 9am-12pm Flu Shot & Vaccine Clinic, walkins welcome - SC 9:30am Mah Jong/Scrabble - SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	11 9-11am Woodcarving - WS 10am Tai Chi - RC 11:30am Mamma Mia! at the Chan Dinner Theatres 12:30pm Bingo - SC	12 10am Crime Scene Investigations: Uncovered with Detective DeRosier-SC 10:30am Fit for Life - RC 1:30pm Cards - SC	13 9am Fiddling Around with Music, Jam Session - MR 1-3:30pm Mah Jong/Scrabble - SC	14
15	16 9-10:30am Senior Center Advisory Board Meeting - FC 12:30pm Bridge - SC 5-9pm AARP 8-hr Driver's Training, Pt. 1 - SC	17 9:30am Mah Jong/Scrabble - SC 10:30am Speaker John Haugo: Telemark Resistance - SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	18 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 2-5pm Free Ind. & Family Counseling, by appt - MR 5-9pm AARP 8-hr Driver's Training, Pt. 2 - SC	19 8:30am-12:30pm AARP 4-hr Driver's Training - SC 10:30am Fit for Life - RC 1pm Cards - MR	20 9am Fiddling Around with Music, Jam Session - MR 10am Senior Commission Meeting - FC 11am Ladies Tea Lunch - SC 1-3pm Cribbage - MR	21
22	23 12:30pm Bridge - SC	24 9:30am Mah Jong/Scrabble - SC 10:30am Fit for Life - RC 10:30am Landmark Tours-Travel Showcase Presentation - SC 12:30pm Chan-o-laires - SC	25 7am Depart for Trip to Iowa - RC 9am-3pm Foot Care Call for appts - MR 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	26 10:30am Fit for Life - RC 1-3pm Cards - MR 5pm Return from Iowa - RC	27 9am Fiddling Around with Music, Jam Session - MR 1-3:30pm Mah Jong/Scrabble - SC	28
29	30 10am Speaker Terry Kubista: The Queen's Gardens - SC 12:30pm Bridge - SC 1-2:30pm Book Club - MR					

October 2019

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		1 9am-12:30pm Foot Care Clinic, by appt - MR 9:30am Mah Jong/Scrabble -SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	2 9-11am Woodcarving - WS 10am Tai Chi - RC 10:30am Speaker: 2020 Medicare Changes - SC 12:30pm Bingo - SC	3 10:30am Fit for Life - RC 11am-1pm Free Ind. & Family Counseling, by appt - MR 1pm Cards - MR 1:30pm Caregiver Support Grp - MR 1:30pm AARP Driver Tek - FC	4 9am Fiddling Around with Music, Jam Session - MR 10:30am Speaker: 1936 Olympics - SC 1-3pm Cribbage - MR	5
6	7 12:30pm Bridge - SC	8 8am-4:30pm Day Trip: Meet Mankato - RC 9am Free Insurance Counseling - MR 9:30am Mah Jong/Scrabble -SC 10:30am Fit for Life - RC Meeting - FC 12:30pm Chan-o-laires - SC	9 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	10 10:30am Fit for Life - RC 1pm Cards - MR 5:30-9:30pm AARP 4-hr Driver's Training - SC	11 9am Fiddling Around with Music, Jam Session - MR 1-3:30pm Mah Jong/Scrabble -SC 5:30-7pm Family Harvest Festival - RC	12
13	14 10am Coffee and Conversation Speaker: Breweries vs. Prohibition - SC 12:30pm Bridge - SC	15 9:30am Mah Jong/Scrabble -SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC 4-5pm Abuse No More Presentation - The Lodge, Chaska	16 8:30am-12:30pm AARP 4-hr Driver's Training - SC 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 2-5pm Free Ind. & Family Counseling, by appt - MR	17 10am Grandparent & Me Pumpkin Painting - RC 10:30am Fit for Life - RC 1pm Cards - MR	18 9am Fiddling Around with Music, Jam Session - MR 1-3pm Cribbage - MR 10am Senior Commission Meeting - FC	19
20	21 9-10:30am Senior Center Advisory Board Meeting - FC 12:30pm Bridge - SC	22 9:30am Mah Jong/Scrabble -SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	23 9am-3pm Foot Care Clinic, by appt - MR 9-11am Woodcarving - WS 10am Tai Chi - RC 12-2pm Oktoberfest Party - RC 12:30pm Bingo - SC	24 10:30am Fit for Life - RC 1pm Cards - MR	25 9am Fiddling Around with Music, Jam Session - MR 1-3:30pm Mah Jong/Scrabble -SC	26
27	28 12:30pm Bridge - SC 1-2:30pm Book Club - MR	29 9:30am Mah Jong/Scrabble -SC 10:30am Speaker: A Bird's Eye View: Birding 101 - SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	30 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	31 10:30am Fit for Life - RC 11am-1:30pm Crazy Hat Day with Pianist John Bury -SC 1pm Cards - MR		

Watch for Maple Room Grand Re-Opening This Month!

FC- Fountain Conf Room MR- Maple Room RC- Recreation Center SC- Main Senior Center WS- Workshop

Special Services

Counseling & Support

- Individual and Family Counseling - call 952.227.1124 to schedule an appointment
- Caregiver Support Group - walk-ins welcome
- Health Insurance Assistance - call Senior LinkAge Line at 1.800.333.2433

Foot Care Clinic - Call 763.560.5136 for appointment

Transportation

- Senior LinkAge 1.800.333.2433
- Smark Link 952.496.8341
- SouthWest Prime 952.797.7463
- WeCAB 1.844.743.3932

More Information

For complete details, please refer to our quarterly Chanhassen Connections, which is mailed to every household in Chanhassen four times per year. You may also call or visit the Senior Center, 952-227-1125. We have all the information and registration forms you'll need. If you are computer savvy, you can also find us on the City of Chanhassen website at www.ci.chanhassen.mn.us, click on Parks & Recreation, then click on our Senior Center button.

Dining

Did you know we offer a delicious, healthy meal every day at the Senior Center? All seniors 60 years of age and older are welcome. Menus and information are available at the Senior Center so you can plan ahead. Call 952.227.1127.

